Quest Food Management

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Recipe Sizing Report

Feb 23, 2015

001531 - wrap- chicken ranch club : nslp	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service	Meat/Alt: 2 oz				? - Milk
Number of Portions: 1	Grains: 2 oz				? - Egg
Size of Portion: wrap	Fruit:				? - Peanut
*	Vegetable:				? - Tree Nut
	Milk:				? - Fish
					? - Shellfish
					? - Soy
					? - Wheat

Ingredients	Measures	Instructions
903172 chicken patty cn brakebush gfs 220556	1 patty 2 (1 each) 3 slice 1/2" 1/2 CUP (AP Mix) 1 (2 TB) 1 slice	line a full sheet pan with baking paper, and bake at 350 until internal is at 165. place in 2" pan and cover loosely with saran wrap and hold in heated cabinet until service. assemble sandwich. this sandwich should be served warm, to prevent the bun from drying out, one should be used a display plate and the others individually wrapped in foil.

*Nutrients are based upon 1 Portion Size (wrap)

Calories	505 kcal	Cholesterol	45	mg	Sugars	*N/A* g	Calcium	68.22 mg	36.85%	Calories from Total Fat
Total Fat	20.66 g	Sodium	1227	mg	Protein	22.05 g	Iron	4.90 mg	13.43%	Calories from Saturated Fat
Saturated Fat	7.53 g	Carbohydrates	59.69	g	Vitamin A	2950.6 IU	Water ¹	*76.55* g	0.00%	Calories from Trans Fat
Trans Fat²	0.00 g	Dietary Fiber	5.31	g	Vitamin C	11.5 mg	Ash ¹	*0.41* g	47.31%	Calories from Carbohydrates
									17 48%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

- * denotes combined nutrient totals with either missing or incomplete nutrient data
- 1 denotes optional nutrient values
- ² Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Nutritional Information for TORTILLA FLOUR ULTRAGRAIN 6" 30-12CT

Product Number: 882690
Description: AP Tortilla, Flour, Ultragrain, 6\", Azte

	Nut	ritional Infor <mark>m</mark> ation		
Serving Size 1 each	(30 g)			
Amount Per Serving	3			
Calories 90			Calories from Fat 23	
			% Daily Value	
Total Fat	3	g	4%	
Saturated Fat	2	g	8%	
Trans Fat	0	g		
PolyUnSat	n/	'a	n/a	
MonoUnSat	n/	'a	n/a	
Cholesterol	0	mg	0%	
Sodium	75	5 mg	3%	
Potassium	n/	a	n/a	
Total Carbs	15	g	5%	. ,
Dietary Fiber	2 ;	g	8%	
Sugars	1 ;	g	n/a	
Protein	2 ;	g	4%	
Vitamin A -	0%	Vitamin C -	0%	
Calcium -	2%	Iron -	4%	
	Percent Daily	Values are based on a 2,	000 calorie diet	
Calories Per Gram:				
	Fat 9	Carbohydrates 4	Protein 4	

Water Soluble 1	Vitamins		Minerals
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	20 mg
Vitamin C	0 mg	Iron	1 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a

Product Information for 219901 BACON TKY L/O 28-32CT FZ 2-6# KE

Manufacturer:			
Pack	2/CASE	Net Weight	12
Portion Size	EA	UPC Code 1	93901199010
Portion/Case	360		
Kosher	No		
Price	38.06		

Quantity Invoiced Over Last 6 Weeks

1/11/2015	1/18/2015	1/25/2015	2/1/2015	2/8/2015	2/15/2015
0	0	0	0	0	0

Other Information

Item Yield	CASE = 2 EACH 6# PKGS LAID OUT TURKEY BACON, FROZEN, 28-32CT/#
Shelf Life	FROZEN = 120 DAYS FROM DATE OF PRODUCTION
Thawing Instructions	THAW IN REFRIGERATOR OVERNIGHT
Basic Preparation	PAN FRY - PLACE IN COLD SKILLET OVER MEDIUM HEAT, COOK UNTIL DESIRED CRISPINESS
	BAKE - PLACE SLICES ON RACK IN SHALLOW BAKING PAN, BAKE AT 350 CONVECTION 7-10
	MINUTES CONVENTIONAL 10-13 MINUTES
Merchandising Idea	PACK SIZE CHANGE, REPLACES ITEM #365861** SLICED TURKEY BACON STRIPS ON PARCHMENT
	LAYOUT SHEETS FOR EASY BAKING. EXCELLENT ALTERNATIVE TO A PORK BACON. GOOD
	NUTRITIONAL VALUE (LOWER FAT CONTENT) VS. PORK BACON. EXCELLENT FLAVOR AND YIELD.
	COST EFFECTIVE. PACKED FROZEN FOR AN EXTENDED SHELF-LIFE. CONSISTENT SIZE (28-32
	SLICES PER LB) & THICKNESS ENSURES SAME PREP TIME EVERY TIME, WITH DEPENDABLE COST
	PER SERVING AND PORTIONING. MINIMAL GREASE FOR EASIER CLEAN UP.** WORKS GREAT ON
	SANDWICHES, OR AS A FLAVOR INGREDIENT OF SOUPS, SALADS, OMELETS OR CASSEROLES.**
	HEALTHCARE SEGMENT, SCHOOLS, PRISONS** BREAKFAST COP SIDE

Nutritional Information for BACON TKY L/O 28-32CT FZ 2-6# KE

Product Number: 219901

Description: AP Bacon, Tky, L/O, 28-32ct, KE

		Nutrition	al Information	
Serving Size 2 Slc (2	8 g)			
Amount Per Serving				
Calories 70				Calories from Fat 45
				% Daily Value
Total Fat		5 g		8%
Saturated Fat		2 g		10%
Trans Fat		0 g		
PolyUnSat		n/a		n/a
MonoUnSat		n/a		n/a
Cholesterol		20 mg		7%
Sodium		360 mg		15%
Potassium		n/a		n/a
Total Carbs		1 g		0%
Dietary Fiber		0 g		0%
Sugars		0 g		n/a
Protein		4 g		8%
Vitamin A -	0%		Vitamin C -	0%
Calcium -	2%		Iron -	2%
	Percent	Daily Valu	es are based on a 2,0	00 calorie diet
Calories Per Gram:				
	Fat 9		Carbohydrates 4	Protein 4

Water Soluble	Vitamins		diverals
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	20 mg
Vitamin C	0 mg	Iron	.36 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a

School Equiva	dems	Fat Solub	le Vitamins
		Vitamin D	n/a
Child Nutrition Label	No	Vitamin D	n/a
		Vitamin E	n/a
Meat/Meat Alternative	n/a	Vitamin K	n/a
Fruit/Vegetables	n/a	Vitamin A	0 IU
Grain/Bread	n/a	Vitamin A	n/a
Updated for New Fi	ual Rule		
Meat/Meat Alternate	n/a		
Grain/Bread	n/a		
Fruit	n/a		
Vegetable:			
Red/Orange	n/a		
Dark Green	n/a		•
Starchy	n/a		
Beans/Peas	n/a		

n/a

Other

n/a

Ingredients:	Poultry ingredients (mechanically separated turkey, turkey), Water, Salt, Sugar, Flavoring (Salt,
	Sugar, Maltodextrin, Natural Smoke Flavor, Spice), Sodium Phosphate, Sodium Erythorbate, Sodium
	Nitrite. COMMON ALLERGENS PRESENT: N/A. Nutrition and Ingredient statement updated January 2013.
	The ingredient and nutrition information provided here reflects the current information provided to
	GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should
	confirm the ingredient information on the actual label of the product.

ReGUIAR Chicken

5912

NET WT 10 LBS



Fully Cooked Breaded Chicken Breast PATTIES

WITH RIB MEA

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT, WATER, ISOLATED SOY PROTEIN, SALT, SODIUM PHOSPHATES, SEASONING (SALT, GARLIC POWDER, SPICE, SOYBEAN OIL). BREADED WITH ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YELLOW CORN FLOUR, FOOD STARCH—MODIFIED, IODIZED SALT, SPICES, ONION POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), DEXTROSE, SOYBEAN OIL, DRIED WHEY, PAPRIKA EXTRACT (COLOR), SOY FLOUR, SODIUM ALGINATE, NONFAT MILK, NATURAL FLAVOR, EGG.

PREPARATION: COOK TO A MINIMUM OF 165' F. BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350'F FOR 10 – 15 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400'F FOR 12 – 17 MIN. DEEP FRY AT 350'F. FOR 3 – 4 MIN. MICROWAVE ON HIGH ABOUT 1 – 3 MIN. PER SERVING, TURNING ONCE. ADJUST TIMES TO QUANTITY BEING COOKED AND EQUIPMENT USED. DO NOT OVERCOOK.

Contains: Egg, Milk, Soy, Wheat.

Packed For Institutional Use

G0913

BRAKEBUSH BROTHERS, INC. N4993 6TH DRIVE WESTFIELD, WI 53964

W Г ватсн 37



FOR BEST FLAVOR REFRIGERATE AFTER OPENING
Ingredients: Water, Buttermilk*, Vinegar, Maltodextrin, Sugar, Salt, Cellulose Gel and Cellulos
Gum, Contains less than 2% of Garlic, Carrageenan, Xanthan Gum, Titanium Dioxide, Sour Crean
Solids (Milk)*, Monosodium Glutamate, Spices, Potassium Sorbate and Calicium Dioxidum
Solids (Milk)*, Lotte Acid, Citic Acid, Vatural Elemen (Adil), Spike Acid, *A trivial source of the

Nutrition Fac Serving Size 2 Tbsp (30g) Servings Per Container 128

Amount Per Serving

Calories 30

Calories from Fat 0

Total Fat og

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 390mg

16%

Total Carbohydrate 8g

Dietary Fiber less than 1g

Sugars 3g

Protein 0g

Vitamin A 0%

Calcium 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

